

# PRICE LIST



## Smart Mona Solutions

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## Hourly wage for Virtual Assistant

Content in Polish	€ 12 (brutto)
Content in English	€ 15 (brutto)
Content in Norwegian	€ 18 (brutto)

## What tasks can I complete in one hour?

- Planning content for your SoMe for a full month
- Preparing and publishing a post or carousel on Facebook and Instagram
- Adding SEO-optimized descriptions to three products or categories in your online store
- Preparing two templates for your SoMe posts according to your visual brand identity
- Creating three emails for your sales campaign
- Creating simple graphic Reels in Canva



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What tasks can I complete in 1,5 hour?

- Create a 30-second Reels video from the material you provide (with subtitles and background music)
- Write a blog post and optimize it for SEO
- Write a newsletter, create its graphic design, and schedule its delivery.

What takes 2 hours?

- 1-minute Reels video from your provided material, including several transitions, additional graphics, subtitles, and background music
- Translating a blog article/website with a large word count and optimizing it for SEO

If you're unsure about the pricing for your project, feel free to contact me via email at:

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